

Annual Report: District Wellness Committee

On April 11, 2016 the following members of the District Wellness Committee received an invitation to attend our annual meeting to review the District Wellness Policy.

Timothy Chasteen	Tim Miller	Dalene Sadowski
Scott Couch	Kip Powell	Derek Flatter
Pam Friesel	Jessica Wing	Jennifer Cross
Russell Cooper	Jessica Goeke	Jill Vosler

Madeline Ebright

With the invitation each member received a copy of the District Wellness Policy with instructions to review the elements:

- A. Assessment of the current school environment
- B. Review of the Policy and Student Wellness Program
- C. Measurement of the implementation of the policy
- D. Recommendations for revisions, if needed.

If they were unable to attend the meeting, the member could forward all feedback via fax, phone or email to Cindy Neanen. Several members were unable to attend but forwarded input and feedback via email and phone.

The committee met on April 28, 2016 at the Athletic Wellness Center. Members present shared feedback and Cindy Neanen shared the feedback from non-attending members. The following actions were taken:

1. Administration would observe cafeteria posting of nutritional information and education posters displayed to assure alignment to Policy A – 4.
2. The District Student Wellness Program was aligned in the area of recess changing 15 minutes to 20 minutes. Presently this is being met in both elementary buildings.

3. A suggestion to require language regarding a minimum requirement for 40 minutes of PE weekly in Grades K-5 was tabled as we are currently meeting this in our K-5 buildings.
4. No additional changes or recommendations were made.

Submitted: May 3, 2016

Cindy Neanen, Director of Education