

EHS Sports Medicine Program Rules and Regulations

As a student trainer or manager of Eaton High School you must agree to and abide by the following rules and regulations.

1. Work in the Athletic Training Room or other training facility a minimum of four days per week under the supervision of a certified athletic trainer or coach. During football season student trainers/ managers will be required to be present at all football practices and games unless a situation occurs which will not allow this. In the event that a student cannot make an assignment the certified athletic trainer and coach must be given sufficient notice. It is expected that a student will not miss a game except in the case of an emergency and practice will only be missed in extreme circumstances. As well one manager and one student trainer **must** work all JV and freshmen football games. This will be done on a rotational basis and a schedule will be set by the certified athletic trainer.
2. Carry out game and practice assignments as designated by the certified athletic trainer and coach. You are expected to be at the school on hour prior to practice, one hour prior to bus departure for away games and at the designated time as noted by the certified athletic trainer for home events. Each student will be assigned specific duties throughout games and practices. Students are expected to complete all task assigned and follow all reasonable request made by the certified athletic trainer. Cooperation is a necessity and must be followed to assure the safety and well being of the athletes and staff.
3. Student trainers/ managers will follow all practice regulations. Students are expected to be on time to the practice facility and games. Setup is to be completed prior to the start of practice each day, this includes equipment and water. Follow the practice setup list for these requirements. No homework will be done during practice (unless approved by certified athletic trainer), no sleeping during practice, students are expected to stay off their cell phones unless using it for a medical emergency during practice/ games. Students should be alert and aware of what is going on at events in case of an injury or medical emergency should occur.
4. Dress in a professional manner. Remember you are in a medical setting. Mini-skirts, short shorts, low cut shirts and excessively baggy clothing may be in fashion, but they do NOT have a place in the athletic training setting. Be aware that you will get dirty, and can come in contact with items that may stain your clothing.
5. Learn from the certified athletic trainer and other student aides. If you have a question about what a student or the athletic trainer is doing ask in a professional manner. Do not make each other look bad in front of athletes, coaches, parents or others. Problems should be addressed with the head athletic trainer in a professional manner privately.
6. Do not get involved with coaches decisions, athlete's playing status, or other medical decisions. Do not talk to the media, parents, other players or fans concerning the condition of the athletes. This breaks the patient health provider confidentiality and can result in serious legal ramifications. Student trainers/ managers are only allowed to speak with the certified athletic trainer or coach in regards to the health status of an athlete.
7. Maintain a safe sanitary work environment. Clean coolers, used water bottles, towels and all equipment daily. Store coolers, water bottles and aqua lifts with lids off. Put away all supplies and properly restock the medical and equipment kits with supplies daily. Clean tables, equipment room and athletic training room on a daily basis following use.

